

LIVE THE TARANAKI LIFESTYLE

Discover Coastal Medical

A CAREER IN
HEALTHCARE.

A LIFESTYLE
YOU'LL LOVE.

ŌAKURA | ŌPUNAKE | STRATFORD | NEW PLYMOUTH



coastal medical
your health. our passion.

WELCOME TO TARANAKI.

Imagine finishing your working day and being minutes from the ocean. Walking along a rugged coastline before dinner. Taking the kids to the beach after school. Exploring mountain trails on the weekend.

This is Taranaki – a place where mountain meets ocean, communities are connected, and an exceptional lifestyle sits alongside a rewarding career in healthcare.

Within Taranaki, Coastal Medical gives you a choice of lifestyles. Our four locations each have their own personality.

WHICH TARANAKI LIFESTYLE IS YOURS?

THE HUB NEW PLYMOUTH



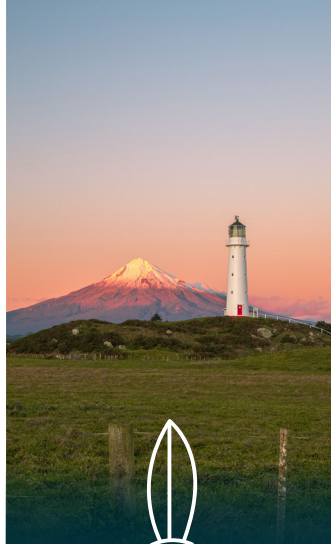
CITY ENERGY.
COASTAL LIVING.

OAKURA



BEACHSIDE VILLAGE.
SURF CULTURE.

OPUNAKE



COASTAL ESCAPE.
COMMUNITY LIVING.

STRATFORD



MOUNTAIN LIFESTYLE.
RURAL ADVENTURE.

WHY TARANAKI?

More life. Less commute.

Taranaki offers something that can be difficult to find in larger cities: space, nature and community without sacrificing lifestyle or career opportunities.

Mountain on your doorstep.

Taranaki Maunga dominates the landscape and provides a spectacular backdrop to everyday life, with walks and mountain adventures for different levels of experience.

Coastline everywhere.

From New Plymouth's Coastal Walkway to the surf beaches of Ōakura and Ōpunakē, the ocean is part of everyday life.

A place for families.

Parks, beaches, recreation, community events and outdoor spaces make Taranaki an attractive place to build a family life.

Creative and connected.

New Plymouth offers galleries, restaurants, cafés, markets, festivals, gardens and cultural experiences, while smaller communities offer a strong sense of belonging.



THE COASTAL MEDICAL DIFFERENCE.

Four locations. One connected team.

Coastal Medical is a locally owned healthcare provider serving communities across Taranaki. Our practices include Ōakura, Ōpunakē, Stratford and the Healthcare Hub in Waiwhakaiho.

Our multidisciplinary approach brings together clinical professionals across the network, supporting collaborative care and a connected healthcare experience.

For an overseas clinician, that means you can build your career with Coastal Medical while choosing the community and lifestyle that feels right for you.



“ My first impression of Taranaki was its breathtaking beauty, but the CML team’s genuine warmth & our work-life balance culture captured my heart.

Julie Karam, CEO at Coastal Medical ”



RIGHT PATIENT. RIGHT CLINICIAN. RIGHT TIME.

Patients are cared for by a multidisciplinary team rather than relying solely on a traditional GP model.

GPs, NPs, physician associates, nurses, pharmacists, ECPs and other clinicians each work to the top of their scope, with care matched to the patient's needs and complexity.

For clinicians, this means:

- more support from a wider clinical team;
- clearer escalation pathways;
- greater use of specialist skills;
- less duplication and unnecessary GP dependency;
- better access and continuity for patients;
- more opportunity to focus on the work where your expertise adds the most value.

The result is a model designed to improve clinical sustainability, workforce capacity and patient access, while retaining clear professional accountability.

CML's strategy combines team-based care with practical AI innovation to build a more sustainable model of primary care.

We are actively developing our own AI scribe and inbox management solutions, alongside other workflow tools designed to reduce administrative burden, improve information flow and

release more clinician time for patient care.

The objective is clear: use technology to support clinicians, reduce duplication and improve consistency, while keeping clinical judgement and accountability firmly with the care team.

Together, our team-based model and AI programme are designed to create a more efficient, scalable and clinician-friendly primary care system.



01 THE HEALTHCARE HUB

New Plymouth

City living. Coastal Lifestyle.

Located in Waiwhakaiho, The Healthcare Hub is Coastal Medical's modern flagship facility. It is the choice for clinicians who want the amenities and energy of New Plymouth with nature and the coast close by.

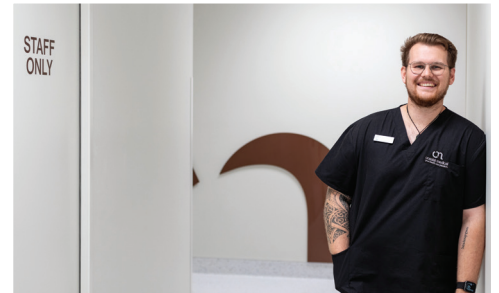
New Plymouth offers restaurants, cafés, shopping, schools, parks, arts and culture – while the coastline and mountain remain part of everyday life.

Perfect for you if you want:

- City amenities + the ocean
- Family-friendly amenities
- Arts, culture and events
- Beaches and outdoor recreation
- A balance of professional and outdoor life

THE FEEL:

- Modern • Connected • Coastal • Vibrant



02 ŌAKURA

The Beach Village

Live where others come for the weekend.

Just south-west of New Plymouth, Ōakura offers a small coastal community with a strong village feel, surrounded by farmland, ocean and beautiful scenery.

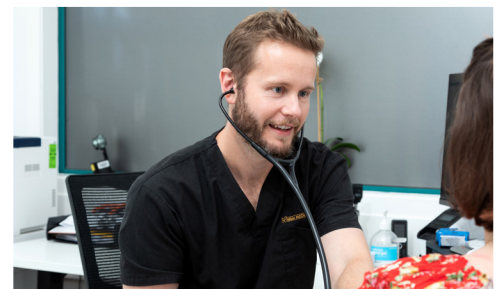
For someone moving to New Zealand who dreams of a lifestyle where the beach becomes part of everyday life, Ōakura is an easy place to fall in love with.

Perfect for you if you want:

- Village atmosphere
- Easy beach access
- Outdoor living
- Strong community feel
- Proximity to New Plymouth

THE FEEL:

- Relaxed • Coastal • Community • Outdoors



03 ŌPUNAKE

The Coastal Escape

Big coastline. Small-town living.

If your idea of New Zealand living involves wide-open spaces, ocean views and a genuine small-town community, Ōpunakē deserves a serious look.

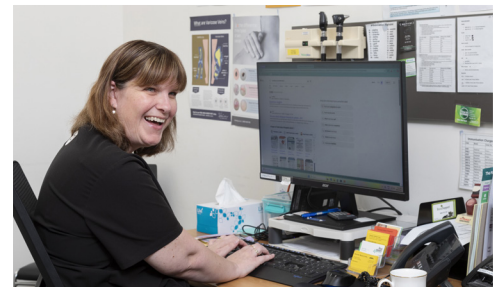
Ōpunakē combines a beautiful beach, lake, coastal walks and rural surroundings. It is a place for people who value space, community and an outdoor lifestyle.

Perfect for you if you want:

- Small-town living
- Coastal lifestyle
- Surfing and recreation
- Rural surroundings
- Slower pace and community connections

THE FEEL:

- Coastal • Relaxed • Authentic • Adventurous



04 STRATFORD

The Mountain Lifestyle

Your gateway to Taranaki Maunga.

Located in the heart of Taranaki, Stratford is known as the gateway to Taranaki Maunga and offers a distinctly rural and outdoors-focused lifestyle.

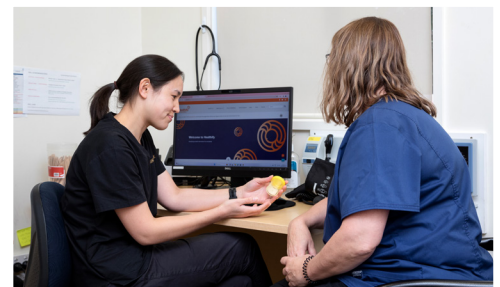
For people who love walking, hiking, exploring and a quieter pace of life, Stratford offers mountain access and a strong community environment..

Perfect for you if you want:

- Mountain access
- Rural living
- Outdoor adventure
- Smaller community
- Walking and hiking

THE FEEL:

- Mountain • Rural • Community • Adventure



FOUR LOCATIONS. ONE TARANAKI LIFESTYLE.

IF YOU LIKE...

YOU MIGHT LOVE...



CITY AMENITIES
+
THE OCEAN

THE HUB
NEW PLYMOUTH



BEACH LIFE
+
VILLAGE LIVING

ŌAKURA



SMALL-TOWNS
+
COASTAL LIVING

ŌPUNAKE



MOUNTAINS
+
RURAL ADVENTURE

STRATFORD

“ I get to do work that I love and still get to the beach after work.

David, GP at Coastal Medical - Ōpunake ”



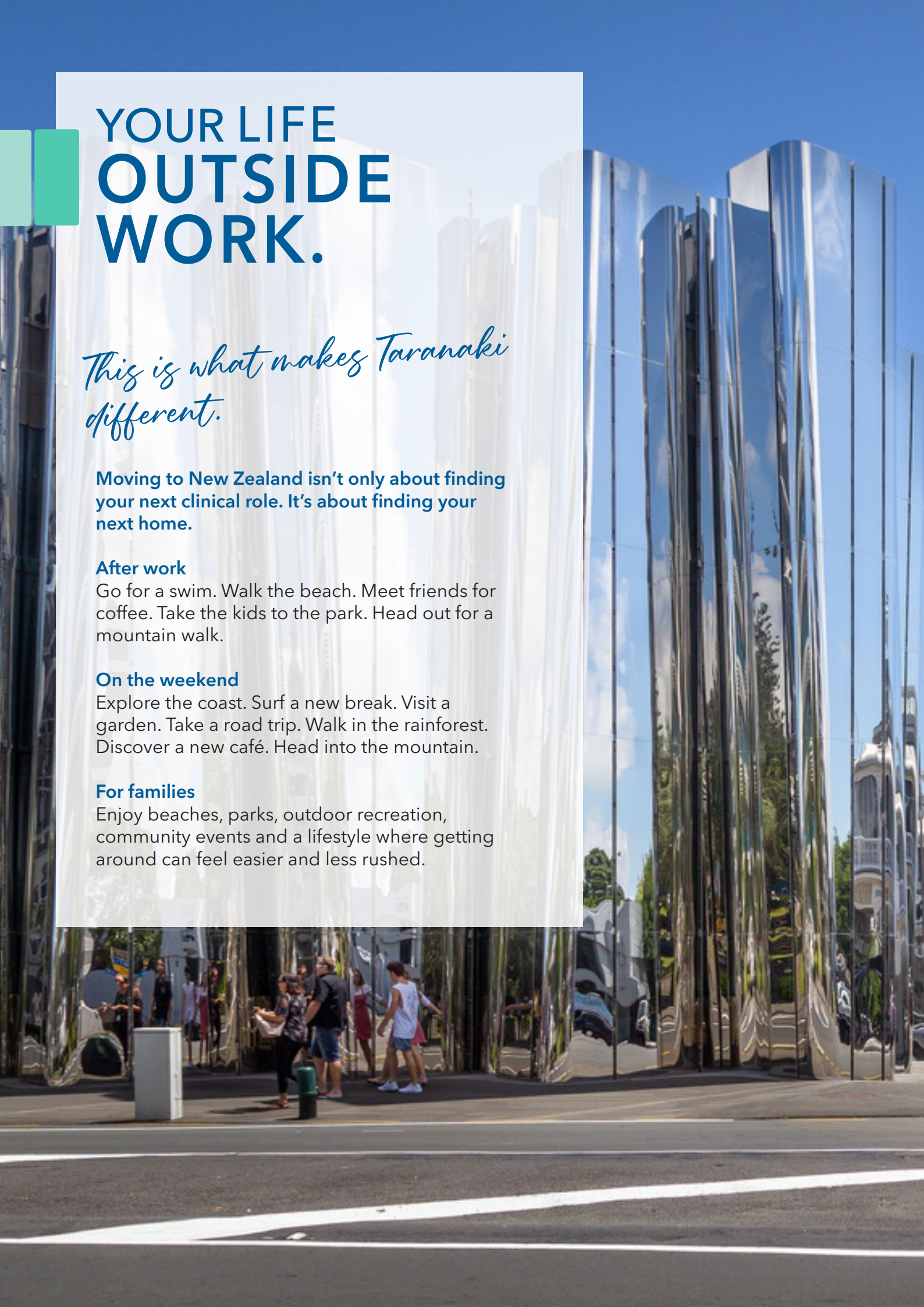
WORK HERE LIVE MORE.

Make the move to Coastal Medical, Taranaki.



people. purpose. positive impact.





YOUR LIFE OUTSIDE WORK.

*This is what makes Taranaki
different.*

Moving to New Zealand isn't only about finding your next clinical role. It's about finding your next home.

After work

Go for a swim. Walk the beach. Meet friends for coffee. Take the kids to the park. Head out for a mountain walk.

On the weekend

Explore the coast. Surf a new break. Visit a garden. Take a road trip. Walk in the rainforest. Discover a new café. Head into the mountain.

For families

Enjoy beaches, parks, outdoor recreation, community events and a lifestyle where getting around can feel easier and less rushed.

A CAREER THAT FITS YOUR LIFE.

Come for the career. Stay for the lifestyle.

At Coastal Medical, we're building a connected healthcare network across Taranaki. Our multidisciplinary model brings together different clinical professions and supports collaborative care across our practices.

Whether you're an experienced clinician looking for a new challenge or you're considering moving your career and family to New Zealand, Coastal Medical offers the opportunity to become part of a local healthcare organisation while building a life in one of New Zealand's most distinctive regions.

YOUR NEXT CHAPTER COULD BE HERE.

“Coming from South Africa, I love the relaxed culture here in Taranaki. There are so many great places to eat, the people are welcoming, and the lifestyle is hard to beat. It's the perfect balance of work, community and enjoying everything this beautiful region has to offer.

Lee-Anne, MCA at Coastal Medical - Hub ”





coastal medical

your health. our passion.

**YOUR CAREER.
YOUR COMMUNITY.
YOUR LIFESTYLE.**

Explore opportunities with Coastal Medical.


coastal medical
HEALTHCARE HUB


coastal medical
OAKURA


coastal medical
OPUNAKE


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